



NORTH CANTERBURY MASTERS SWIMMING CLUB HOSTS:

SOUTH ISLAND MASTERS

**SHORT COURSE
CHAMPIONSHIP 2023**

SEPTEMBER 8 & 9 2023

FRIDAY: 5:00–8:00 pm

SATURDAY: 9:30–4:00 pm

VENUE: EA NETWORKS CENTRE SWIMMING POOL,
20 RIVER TERRACE, ASHBURTON

ENTRIES CLOSE: FRIDAY 27TH AUGUST, 11.59pm

ENTRY FEE: \$60

REGISTER: <http://www.registernow.com.au/secure/Register.aspx?E=49769>





Session 1: Friday PM

Warm up 5.30pm Racing starts 6.00pm

- 1) 400 IM
- 2) 50 Butterfly
- 3) 100 Breaststroke
- 4) 200 Backstroke
- 5) 1500 Freestyle
- 6) 800 Freestyle

Session 2: Saturday AM

Warm up 9.00 Racing starts 9.30

- 7) 4x50 Medley Relay – Women
- 8) 4x50 Medley Relay – Men
- 9) 200 IM
- 10) 100 Backstroke
- 11) 200 Freestyle
- 12) 50 Breaststroke
- 13) 100 Butterfly
- 14) 400 Freestyle
- 15) 4x50 Freestyle Relay – Women
- 16) 4x50 Freestyle Relay – Men

Session 3: Saturday PM

Will commence 90 minutes following conclusion of session 2 with warm up 30 minutes prior to start

- 17) 100 Freestyle
- 18) 100 IM
- 19) 200 Breaststroke
- 20) 50 Backstroke
- 21) 200 Butterfly
- 22) 50 Freestyle
- 23) 4x50 Medley Relay – Mixed
- 24) 4x50 Freestyle Relay – Mixed

Disclaimer: The organising committee, officers, agents and members will not be responsible for any claims, proceedings and damage whatsoever and howsoever arising directly or indirectly out of or in connection with participation in this meet.

Any questions please email the Meet Organiser – Ben Davidson: bvet78@gmail.com

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Social Function:

\$35, finger food and drinks 6.00-9.00pm. Relax and unwind after the competition with your fellow swimmers at the **Ashburton Hotel**, where hearty nibbles and finger foods will be in abundance and you can share stories over a drink or two. It would be great to see you there!

Extras:

Ashburton Hotel is taking bookings and has a number of rooms available.

For those who are wanting to make the most of a brilliant weekend can add skiing to their itinerary, Ashburton is an hour from Mt Hutt Ski Area.



MEET CONDITIONS

1. This meet will be swum short course. The pool depth is 2m. Care is required when diving.
2. FINA Rules Governing Masters Swimming and Para Swimming will apply. All events will be swum as timed finals with over the top starts.
3. Swimmers must be current, at time of meet, financial members of NZMS. Alternatively, they can be a registered member of a master swimming club from abroad.
4. Age groups are determined by age on 31st December 2023. All swimmers must be at least 20 years old.
5. Swimmers must enter their seed times during the online event registration
 - a. Swimmers can consult the NZMS Results Browser for their previous results
 - b. If you have not competed in an NZMS meet you can take an average time for the event and your age group.
 - c. If you are unable to enter a seed time online please email the details to bvet78@gmail.com
6. Entries close at 11.59pm on Friday 27th August. Late entries will not be accepted.
7. Meet entry fee is \$60. No refunds after entries close. Refunds for medical withdrawals will be considered on receipt of signed doctor's certificate.
8. Medals will be awarded to para and abled swimmers according to the rules of the Masters Point System:
 - a. Competitors may enter a maximum of 6 individual events (plus relays).
 - b. No points can be achieved through participating in relays.
 - c. To achieve an official record, swimmers in relays must be at least 25 years old. Swimmers below this age can participate but their race will then not be eligible for an official record.
 - d. Ribbons will be awarded in relays to 1st, 2nd, 3rd in each age group and event.
 - e. For a first place in a race in an age group the swimmer receives 6 points. For a second place 4 points, third place gets 3 points, etc.
 - f. Gold will be given to swimmers with the highest Master Point score sum per age group, gender and abled/para.
 - g. If a swimmer decided to compete in both, para and abled sections, the swimmer may qualify for up to two medals in total.
9. Swimmers who have entered both the 800m and 1500m freestyle events will swim the 1500m event only. Their split time will be recorded for the 800m event. Lap counters will be available for each swimmer.
10. Teams must have their relay entries handed in to the recorder's desk by end of the session prior ie entries for events 7, 8, 15, 16 must be handed in by the end of session 1 and entries for events 23, 24, 25 must be handed in by the end of session 2. Relay forms will be available from the recorder's desk.
11. Strapping on a swimmer must be sighted and approved by the Referee and supported by a doctor or physio certificate prior to the start of the meet.
12. Please listen for the marshalling announcement for each event.
13. NZMS Records Sheets will be displayed on the results wall.
14. Protests shall be lodged as per SNZ policy 008 with \$100 cash.
15. The Organisers will not be liable for any loss or damage during the period of the meet.
16. All participants must comply with the Sport's Anti-Doping Rules.
17. Participants who have entered this event agree to allow images (e.g. photography, video) to be taken by accredited media approved by NZMS or host club.
18. The organizers reserve the right to restrict entries, combine events or alter the programme.

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PARA CONDITIONS

19. Para swimmers must have at least a provisional classification.
 - a. Help and support with the classification process is available. Please contact christoph@bartneck.de for information and support.
 - b. If a disabled swimmer does not have a classification as yet they need to contact Swimming New Zealand National Para Swimming Development Coordinator Cameron Leslie on cameron@swimming.org.nz at least one month before the event to arrange obtaining one. This can require a few medical assessments so please allow time for this to happen.
20. Para swimmers can participate in all the events offered, including events that are not typically offered for para swimmers, such as 100 IM.
 - a. Swimmers that race in non-para events, such as 100 IM, cannot receive World Para Swimming Points since the system does not have a formula for these events. They need to race as an abled swimmer.
 - b. Para swimmers can participate in the relays as abled swimmers.
21. Para swimmers are required to be part of a masters swimming club.
 - a. Para swimmers are welcome to join the North Canterbury Masters club as a social member, a training member and/or a competing member. Please contact Warren Dwyer on w.s.dwyer@xtra.co.nz to discuss the options and the process.
 - b. Para swimmers must also be a member of New Zealand Master Swimming which comes with an annual fee. Warren Dwyer on w.s.dwyer@xtra.co.nz will help with this process too.
22. Racing
 - a. Para swimmers register their events with a time. The time can be based on previous races or on a self-estimation. Para swimmers will not be assigned an age group average for a no-time registration since such averages do not yet exist. A self estimation will be required.
 - b. Para and abled swimmers are sorted into heats based on their registered times. The heats will mix abled/para/gender/age groups.
23. Competition
 - a. Para swimmers can choose to compete against other para swimmers or abled swimmers or both. This means each para swimmer can win up to two medals in total.
 - b. If a para swimmer races in the abled class, then he/she will compete with their actual time swum and not with the World Para Swimming points.
 - c. Para swimmers compete against other swimmers of their own gender and age group. This means age groups of 25-29, 30-34, etc.
24. Competing across classifications
 - a. Para swimmers will compete across classifications using the World Para Swimming Points System. The times swum will be converted to points using this spreadsheet.
 - i. The swimmer with the highest point score becomes the first in the ranking.
 - ii. The swimmer with the second highest point score becomes the second in the ranking, etc.
 - iii. Swimmers that compete in non-para events, such as 100 IM, cannot receive points, since there is no formula for it.
 - b. Swimmers are awarded Masters Points according to these rankings as described in section 8.
25. Disqualifications
 - a. Para swimmers will be officiated in the water based on World Para Swimming rules. They will not be judged based on the abled swimmer rules even if they compete as an abled swimmer.

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