

	100-119	120-159	160-199	200-239	240-279	280-319	320-359	360-399
<b>Freestyle Women</b>	Majestic 2002 2:00.81 Lindsay James Larissa Arney Jessie Bills Ivana Mogin	Dunedin 2012 1:57.46 Stephanie Laughton Carla Laughton Anne Gray Lauren Greenshields	Roskill 2017 2:03.14 Briar Elliston Shirley Deverell Jane Gray Kyla Steenhart	Levin 2006 2:10.25 Suzanne Paterson Lorraine Kent Jane Perrott Rebecca Perrott	South City 2013 2:30.76 Kathy Barclay Dianne Grogan Margaret Bell Avy Judelson	Waitakere City 2022 3:11.25 Mary Ann Turbitt Beverly Corbett Jacky Tasker Charmayne Johnstone		
<b>Medley Women</b>	JASI 2022 2:24.38 Amy Sugrue Laura Sugrue Laura Biddiscombe Marion Donald	Swim 360 2017 2:15.25 Claire Morgan Rachel Hare Michelle Chopra Kate Johnston	Roskill 2017 2:20.29 Shirley Deverell Kyla Steenhart Briar Elliston Nina Veal	South City 2013 2:26.99 Kathy Barclay Deryn McGregor Dawn Walker Avy Judelson	North Shore 2010 2:59.84 Sue Pollard Joan Bidwell Julie Gunthorp Marjo Thomas	North Shore 2016 3:09.85 Sue Pollard Joan Bidwell Julie Gunthorp Jennifer West		
<b>Freestyle Men</b>	Heretaunga Old Devils 2003 1:36.77 Scott Cantley Jon Winter Dan Abel Trent Bray	Heretaunga Old Devils 2002 1:41.99 Bryce Milsom Kerry Harford Jon Winter Murray Burdan	Dunedin 2012 1:46.21 Kieran Garbutt Richard Jongens Steven Prescott Kurt Crosland	Dunedin 2009 1:53.04 Richard Jongens Peter Graham Steven Prescott Stephen Clarke	Dunedin 2016 1:58.50 Stephen Clarke Peter Graham Steven Prescott Mark Johnson	Dunedin Masters 2024 2:33.10 Morris Hall Stephen Clarke Mark Johnson Steven Prescott		
<b>Medley Men</b>	Heretaunga Old Devils 2003 1:50.75 Jon Winter Dan Abel Scott Cantley Trent Bray	Heretaunga Old Devils 2002 1:51.64 Jon Winter Bryce Milsom Murray Burdan Kerry Harford	Coastal Warriors 2021 1:58.57 Jon Winter Jared Edgar Murray Burdan Connor McKinon	SwimTastic Swim Club 2023 1:58.78 Darryl Follows Richard Lockhart Moss Burmester Ravi Suppiah	Dunedin 2016 2:16.01 Geoff Collie Steven Prescott Mark Johnson Stephen Clarke	North Shore 2016 2:49.39 Robert Scott Don Bidwell Tom King Ian Gunthorp	Waitakere Masters 2024 4:12.25 Mike Meekings Tim Rapley Rob James Dick Smith	
<b>Freestyle Mixed</b>	Dunedin 2012 1:48.48 Kurt Crosland Lauren Greenshields Stephanie Laughton Kieran Garbutt	Swim 360 2017 1:48.55 Carl O'Donnell Matthew Stanford Kate Johnston Rachel Hare	Roskill 2017 1:53.72 Eugene Manko Briar Elliston Kyla Steenhart Kosuke Kunisawa	TBSS 2017 1:57.82 Davin Bray Sandra Burrow Trent Bray Shelley Rowland	North Shore 2021 2:09.67 Ian Gunthorp Megan Wilson Nicola Clement Janusz Kordonski	North Shore 2009 2:39.48 Barry Young Joan Bidwell Don Bidwell Julie Gunthorp		
<b>Medley Mixed</b>	JASI 2022 2:02.87 Alex Yee Laura Sugrue Matthew Nash Laura Biddiscombe	Swim 360 2017 1:59.73 Claire Morgan Rachel Hare Carl O'Donnell Matthew Stanford	Dunedin 2012 2:02.98 Kurt Crosland Lauren Greenshields Anne Gray Steven Prescott	North Shore 2017 2:14.83 Tom King Danielle Howard Simon Millar Nicola Clement	Dunedin 2020 2:22.38 June Schaap Steven Prescott Mark Johnson Rebecca Tohill	Trojans 1996 3:18.37 Edna Farrell Marie Porteous Bob Porteus Bill Farrell		